

FEDS XI Forum Endocrinology & Diabetes Sumatera - XI

In Conjunction with

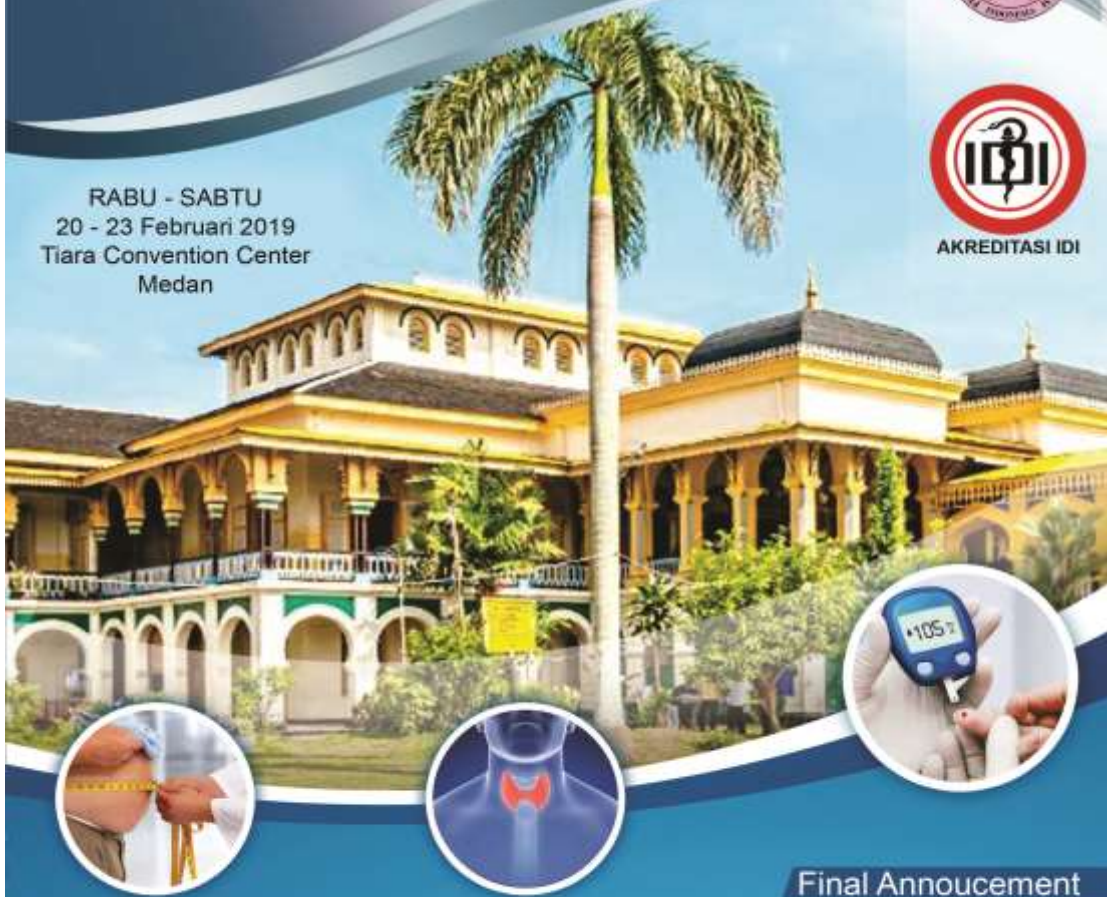
MEDAN VI

METABOLIC ENDOCRINE DISEASES AND ITS ANALYSIS - VI



AKREDITASI IDI

RABU - SABTU
20 - 23 Februari 2019
Tiara Convention Center
Medan



Final Annoucement

SEKRETARIAT

Jl. Beringin Raya No. 1 A-B Medan, Email : perkenimedan01@gmail.com
Contact Person : (Tetty : 0813 9603 2603) PERKENI Cabang Medan

SUSUNAN PANITIA

PENASEHAT

Prof. dr. Syafril Syahbuddin,
SpPD, K-EMD, FINASIM
Prof. Dr. dr. Asman Manaf,
SpPD, K-EMD, FINASIM
Prof. Dr. dr. Dharmas
Lindarto, SpPD, K-EMD,
FINASIM
dr. Khrisna W Sucipto,
SpPD, K-EMD, FINASIM
dr. Alwi Shahab, SpPD,
K-EMD, FINASIM
Dr. dr. Jazil Karimi, SpPD,
K-EMD, FINASIM
dr. Mardianto SpPD, K-EMD

PANITIA PELAKSANA

Ketua Panitia :
dr. Santi Syafril SpPD, K-EMD
Sekretaris :
dr. M. Aron Pase, SpPD
Bendahara :
dr. Melati Silvanni Nst, SpPD
Bidang Ilmiah :
dr. Mardianto, SpPD-KEMD,
FINASIM
Bidang Kesekretariatan :
dr. Brama Ihsan Sazli, SpPD
Bidang Acara dan Protokol :
dr. Bastanta Tarigan,
SpPD-KEMD
Bidang Konsumsi :
dr. Lita Septina, SpPD, KEMD
Bidang Akomodasi,
Perfengkapan & Pameran :
dr. Dian Anindita Lubis, SpPD
Bidang Publikasi dan
Dokumentasi :
dr. Fadli Sigalingging
Bidang Keamanan :
dr. Sahat Tampubolon

*Seharian
Sirih*



Assalamualaikum Wr. Wb
Salam Sejahtera Para Sejawat

Forum Endokrinologi & Diabetes Sumatera - XI (FEDS - XI) In Conjunction with Metabolic Endocrine Diseases and its Analysis - VI (MEDAN - VI) adalah forum ilmiah yang dilaksanakan oleh Perkeni Cabang Medan setiap tahunnya. Tujuan forum ini adalah untuk meningkatkan keilmuan penyakit dalam, khususnya dibidang penyakit Endokrin-Metabolik dan Diabetes.

Kegiatan ini dilaksanakan selama 3 hari, Kamis – Sabtu, 21 - 23 Februari 2018 di Tiara Convention Hall Medan. Rincian acara terdiri dari workshp, plennary lecture dan simposium. Pembicara melibatkan konsultan Endokrin Metabolik dan Diabetes dan departemen lainnya dari region Sumatera. Para peserta dari sejawat dokter umum, dokter spesialis dan sub spesialis yang berdomisili di Medan dan luar kota Medan dan wilayah Aceh, Padang, Pekanbaru dan Palembang.

Semoga kegiatan ini dapat terlaksana dengan dukungan aktif dari rekanan dan para sponsorship.
Selamat bersimposium dikota Medan pada Februari 2019....

Salam Sejawat
Ketua Panitia Pelaksa

dr. Santi Syafril, SpPD, KEMD, FINASIM



SPEAKERS and MODERATORS

1. Dr Sunil Prakash (Consultant-Nephrology & Renal Transplantation, India)
2. Dr Ajay Kaul (Chairman & HOD Cardiothoracic & Vascular Surgery, India)
3. Prof. dr. Syafril Syahbuddin, SpPD, K-EMD, FINASIM (Padang)
4. Prof. Dr. dr. Askandar Tjokropawiro, SpPD-KEMD, FINASIM (Surabaya)
5. Prof. dr. Harun Rasyid Lubis, SpPD, KGH (Medan)
6. Prof. Dr. dr. Ketut Suastika, SpPD, KEMD (Chairman of PERKENI, Bali)
7. Prof. Dr. dr. Asman Manaf, SpPD, K-EMD, FINASIM (Padang)
8. Prof. Dr. dr. Dharma Lindarto, SpPD, K-EMD, FINASIM (Medan)
9. Dr. dr. Eva Decroli, SpPD, KEMD (Padang)
10. Dr. dr. Jazil Karimi, SpPD, K-EMD, FINASIM (Riau)
11. dr. Trillis Yulianti, M.Kes (Jakarta)
12. dr. Khrisna W Sucipto, SpPD, K-EMD, FINASIM (Aceh)
13. dr. Alwi Shahab, SpPD, K-EMD, FINASIM (Palembang)
14. dr. Mardianto, SpPD, K-EMD, FINASIM (Medan)
15. dr. Santi Syafril SpPD, K-EMD, FINASIM (Medan)
16. dr. Yulianto, SpPD, KEMD (Palembang)
17. dr. M. Bastanta Tarigan, SpPD, K-EMD (Medan)
18. dr. Syafrizal Nasution, SpPD, KGH (Medan)
19. dr. Hendra Zufry, SpPD, K-EMD, FINASIM (Aceh)
20. dr. Ratna Dewi, SpPD, K-EMD (Palembang)
21. dr. Lita Septina, SpPD, K-EMD (Medan)
22. dr. Melati Silvanni Nst, M.Ked(PD), SpPD (Medan)
23. dr. M. Aron Pase, M.Ked(PD), SpPD (Medan)

WORKSHOPS and SYMPOSIUMS

Workshops

1. Self Monitoring of Blood Glucose (SMBG)
2. Insulin Used in Daily Clinical Practice

Plenary Lectures

1. The Family and Diabetes
2. Genomic Testing for Diabetes Risk

Symposiums

1. Diabetes and its Complications
2. Diabetic Kidney Disease and Metformin Use: Myths and Facts
3. Spectrum of Diabetic Kidney Disease: From Medical Management to Kidney Transplant
4. Recent Advancements in Cardiac Surgeries
5. New Insights for Clinician in The Treatment of Patients with Type 2 Diabetes
6. Premix Insulin: from Initiation to Intensification
7. Impact of Hypogonadism in Men's Health, How to Manage for a Better Life
8. Diabetic Foot Ulcer (DFU)
9. Cardiovascular and Diabetes
10. The New Insights into Management of Diabetic Patients with or without Cardiovascular Risk
11. Management of Thyroid Disorder
12. The Role of Combination Therapy in Diabetes Management
13. Long Acting Basal Insulin
14. Diabetes and Hypertension
15. Sodium Glucose Low Tranporter - 2 Inhibitor (SGLT-2i)
16. Diabetic Dyslipidemia

SCHEDULE OF WORKSHOP

Wednesday-Thursday, 20th-21st February 2019

Day 1st, Wednesday, 20th February 2019

Workshop I : **Self Monitoring of Blood Glucose (SMBG)**

Place : **Ruangan Hotel Tiara**

Time : **08.00 – 13.00 wib**

Supported by : **PT Roche**

Time	Agenda	
08.00-09.00	Registration	Participants Pretest
09.00-09.30	Speaker I	The Role of SMBG in Diabetes Care dr. Melati Silvanni Nst, M.Ked(PD), SpPD (Medan)
09.30-10.00	Speaker II	SMBG: Better to Control Glucose dr. M. Aron Pase, M.Ked(PD), SpPD (Medan)
10.00-10.15	Coffee break	Participant
10.15-11.00	Speaker III	SMBG in Clinical Practise dr. Lita Septina, SpPD, KEMD (Medan)
11.00-12.00	Case discussion	Participants and Speakers
12.00-13.00	Lunch and pray	Participants
13.00-14.00	Case discussion	Participants and Speakers

Day 2nd, Thursday, 21st February 2019

Workshop II : **Insulin Used in Daily Clinical Practice**

Place : **Ruangan Hotel Tiara**

Time : **08.00 – 13.00 wib**

Supported by : **PT Novonordisk**

Time	Agenda	
08.00-09.00	Registration	Participants Pretest
09.00-09.30	Speaker I	T2DM: Screening, Diagnosis and Cost of Complication Prof. Dr. dr. Dharma Lindarto, SpPD, KEMD (Medan)
09.30-10.00	Speaker II	JKN Regulation for Insulin Usage Endang (BPJS Medan)
10.00-10.15	Coffee break	Participant
10.15-11.15	Speaker III	Timely Referral to Secondary Helathcare dr. Bastanta Tarigan, SpPD, KEMD (Medan)
11.15-12.00	Speaker IV	Insulin Daily Case Base and Hands-On Workshop dr. Santi Syafri, SpPD, KEMD (Medan)
12.00-12.30	Case discussion	Participants and Speakers
12.30-13.00	Lunch and pray	Participants
13.00-14.00	Case discussion	Participants and Speakers

SCHEDULE OF SYMPOSIUM

Friday, 22nd February 2019

Time	Program
07.00-07.30	Registration
07.30-08.30	Plenary Lecture 1 Moderator : Prof. Dr. dr. Asman Manaf, SpPD, KEMD (Padang) Speaker : Prof. Dr. dr. Dharma Lindarto, SpPD, KEMD (Medan) Topic: "The Family and Diabetes" Plenary Lecture 2 (PT. Prodia Widyahusada Tbk) Moderator : dr. Refli Hasan, SpPD-KKV, SpJP(K), FAsCC (Medan) Speaker : dr. Trillis Yulianti, M.Kes (Jakarta) Topic : "Genomic Testing for Diabetes Risk"
08.30-09.00	Opening Ceremony Coffee break
09.00-10.30	Symposium 1 "Diabetes and its Complications" Moderators : 1. Prof. dr. Harun Rasyid Lubis, SpPD, KGH (Medan) 2. Prof. Dr. dr. Dharma Lindarto, SpPD, KEMD (Medan) Speakers: 1. dr. Syafrizal Nasution, SpPD, KGH (Medan) Topic: "Diabetic Kidney Disease and Metformin Use: Myths and Facts" 2. Dr Sunil Prakash (Director & Senior Consultant-Nephrology & Renal Transplantation; BLK Centre for Renal Sciences & Kidney Transplant, India) Topic: "Spectrum of Diabetic Kidney Disease: From Medical Management to Kidney Transplant" 3. Dr Ajay Kaul (Chairman & HOD Cardiothoracic & Vascular Surgery; BLK Heart Centre, India) Topic: "Recent Advancements in Cardiac Surgeries"
10.30-12.00	Lunch Symposium 1 "New Insights for Clinician in The Treatment of Patients with Type 2 Diabetes" (PT. MSD) Moderator : dr. Santi Syafril, SpPD, KEMD (Medan) Speakers: 1. dr. Mardianto, SpPD, KEMD (Medan) Topic: "Making Choices: DPP-4 Inhibitors, SGLT-2 Inhibitors or Both, When and Why in Taking the Next Steps after Metformin" 2. Prof. Dr. dr. Ketut Suastika, SpPD, KEMD (Chairman of PERKENI, Bali) Topic: "New Insight for Clinical Questions: The COMPOSIT Trials"
12.00-14.00	Pray Jumat & Lunch
14.00-15.00	Symposium 2 "Premix Insulin: from Initiation to Intensification" (PT Eli Lilly) Moderator : Prof. dr. Syafril Syahbuddin, SpPD, KEMD (Padang) Speakers: 1. dr. Krishna W Sucipto, SpPD, KEMD (Aceh) Topic: "Strategies to Initiate Insulin Therapy With Premix Insulin" 2. dr. Mardianto, SpPD, KEMD (Medan) Topic: "Insulin Intensification: Where Does High Mix Insulin, Fit in the Therapy?"
15.00-16.00	Symposium 3 "Impact of Hypogonadism in Men's Health, How to Manage for a Better Life" (PT Bayer) Moderator : dr. Alwi Shahab, SpPD, KEMD (Palembang) Speakers: 1. Dr. dr. Eva Decroli, SpPD, KEMD (Padang) Topic: "Testosteron and the Benefit for Men's Health" 2. Prof. Dr. dr. Dharma Lindarto, SpPD, KEMD (Medan) Topic: "Hypogonadism: Risk and How to manage?"
16.00-17.00	Symposium 4 "Diabetic Foot Ulcer (DFU)" Moderator : dr. Yulianto, SpPD, KEMD Moderator : dr. Yulianto, SpPD, KEMD Speakers: 1. Dr. dr. Eva Decroli, SpPD, KEMD (Padang) Topic: "Diagnostic of Diabetic Foot Ulcer" 2. dr. Krishna W Sucipto, SpPD, KEMD (Aceh) Topic: "Management of Diabetic Foot Ulcer"
17.00-17.30	Doorprize

Poster Presentation

SCHEDULE OF SYMPOSIUM

Saturday, 23rd February 2019

Time	Program
07.30-08.30	Plenary Lecture 3 "Cardiovascular and Diabetes" (PT. Astra Zeneca) Moderator : Prof. dr. Syafril Syahbuddin, SpPD, KEMD (Padang) Speaker : Prof. Dr. dr. Askandar Tjokroprawiro, SpPD, KEMD (Surabaya) Topic: "Cardiovascular Complications and The Role of SGLT2 Inhibitor Dapagliflozin"
08.30-09.30	Symposium 5 "The New Insights into Management of Diabetic Patients with or without Cardiovascular Risk"(PT. Novell) Moderator : Prof. Dr. dr. Askandar Tjokroprawiro, SpPD, KEMD (Surabaya) Speakers: 1. dr. Santi Syafril, SpPD, KEMD (Medan) Topic: "Clinical Effect of Metformin-XR on the Treatment of T2DM" 2. Prof. Dr. dr. Asman Manaf, SpPD, KEMD (Padang) Topic: "The Role of FDC Glimipiride-Metformin XR on T2DM with CVD"
09.30-10.30	Symposium 6 "Management of Thyroid Disorder" (PT. Merck) Moderator : dr. M. Aron Pase, M.Ked(PD), SpPD (Medan) Speakers: 1. dr. Bastanta Tarigan, SpPD, KEMD (Medan) Topic: "Wayne Index score for Early Diagnose for Hyperthyroidism" 2. dr. Hendra Zufri, SpPD, KEMD (Aceh) Topic: "Billewicz score for Early Diagnose for Hypothyroidism"
10.30-11.30	Symposium 7 "The Role of Combination Therapy in Diabetes Management" (PT. Merck) Moderator : dr. Bastanta Tarigan, SpPD, KEMD (Medan) Speakers: 1. dr. Santi Syafril, SpPD, KEMD (Medan) Topic: "Fixed Dose Combination of Glibenclamide and Metformin to Regulate Blood Glucose, is it Still Update?" 2. dr. Alwi Shahab, SpPD, KEMD (Palembang) Topic: "How to Improve Blood Glucose Control with Metformin XR?"
11.30-13.00	Lunch Symposium 2 "Long Acting Basal Insulin" (PT. Sanofi Aventis) Moderator : Prof. Dr. dr. Askandar Tjokroprawiro, SpPD, KEMD (Surabaya) Speakers: 1. dr. Hendra Zufri SpPD, KEMD (Aceh) Topic: "The Bright Study: The First Large Head to Head Comparison 2nd Generation Basal Insulin" 2. Prof. Dr. dr. Dharma Lindarto, SpPD, KEMD (Medan) Topic: "The Importance of Reducing Hypo During the Titration Period"
13.00-13.30	Lunch
13.30-14.30	Symposium 8 "Diabetes and Hypertension" (PT. Servier) Moderator : dr. Melati Silvanni Nst, M.Ked(PD), SpPD (Medan) Speakers: 1. dr. Santi Syafril, SpPD, KEMD (Medan) Topic: "Effectiveness of Gliclazide MR in Management of T2DM" 2. Prof. dr. Harun Rasyid Lubis, SpPD, KGH (Medan) Topic: "New Combination of Diuretic plus Calcium Channel"
14.30-15.30	Symposium 9 "Sodium Glucose Low Transporter - 2 Inhibitor (SGLT-2)" (PT. Astra Zeneca) Moderator : Prof. Dr. dr. Askandar Tjokroprawiro, SpPD, KEMD (Surabaya) Speakers: 1. dr. Yulianto, SpPD, KEMD (Palembang) Topic: "The Outcome of Latest SGLT2 Inhibitor CV Safety Study: DECLARE" 2. Dr. dr. Jazil Karimi, SpPD, KEMD (Pekan Baru) Topic: "Dapagliflozin and Metformin XR: The Combination that Provide more for Type 2 Diabetes Patients"
15.30-16.00	Coffe break
16.00-17.00	Symposium 10 "Diabetic Dyslipidemia" Moderator : dr. Ratna Dewi, SpPD, KEMD (Palembang) Speakers : 1. dr. Lita Septina, SpPD, KEMD (Medan) Topic: "Cholesterol: The Good, The Bad and the Ugly" 2. dr. Bastanta Tarigan, SpPD, KEMD (Medan) Topic: "Theraupetic Targets for the Treatment of Diabetic Dyslipidaemia"
17.00-17.30	Door Prize The Winners of Presentation, Closing Ceremony & Certification
19.00-20.00	Dinner Symposium (PT Boehringer Ingelheim)

PERSYARATAN PRESENTASI POSTER

- a. Poster ditulis dalam bahasa Inggris
- b. Poster dapat berupa laporan penelitian dan presentasi kasus
- c. Isi poster meliputi :
 - Penelitian : Latar belakang, tujuan, metodologi, hasil, diskusi, kesimpulan dan daftar pustaka
 - Kasus : Latar belakang, kasus, diskusi, kesimpulan dan daftar pustaka
- d. Tulisan, gambar dan tabel dibuat sedemikian rupa agar mudah terbaca dari jarak 1 meter
- e. Ukuran poster 60 x 90 cm
- f. Semua peserta harus memasang posternya sesuai dengan nomor poster yang telah diberikan oleh panitia
- g. Peserta diharap untuk mempersiapkan peralatan pemasangan posternya masing-masing
- h. Semua peserta di mohon untuk memasang posternya sesuai dengan jadwal yang sudah ditentukan oleh panitia
- i. Poster akan dinilai dan semua peserta poster dimohon siap disamping poster masing-masing sesuai dengan jadwal yang sudah di tentukan oleh panitia
- j. Peserta hanya diberikan waktu maksimal 5-10 menit untuk presentasi dan diskusi
- k. Peserta dapat mengirim abstrak ke sekretariat panitia melalui email : perkenimedan01@gmail.com
- l. Biaya registrasi peserta poster ke panitia MEDAN VI & FEDS XI sebesar Rp. 500.000,-
- m. Biaya dapat di transfer ke a/n PERKENI Cabang Medan Bank Mandiri : KCP Medan Taman Setiabudi No. Rek. 105-00-1092011-8

AKREDITASI IDI : 37 SKP



BIAYA PENDAFTARAN PESERTA

Kegiatan	Sebelum 19 Februari 2019		Onsite 20-22 Februari 2019	
	Dokter Umum	Spesialis (Sp)	Dokter Umum	Spesialis (Sp)
Symposium (Jumat-Sabtu, 22 – 23 Februari 2019)	Rp.1.000.000	Rp. 1.500.000	Rp. 1.500.000	Rp. 2.000.000
Workshop 1 (Rabu, 20 Februari 2019)	Rp.1.000.000	Rp. 1.500.000	Rp. 1.500.000	Rp. 2.000.000
Workshop 2 (Kamis, 21 Februari 2019)	Rp.1.000.000	Rp.1.500.000	Rp.1.500.000	Rp.1.500.000



REKENING BANK MANDIRI

KCP Medan Taman Setiabudi a/n PERKENI Cabang Medan
No. Rek. 105-00-1092011-8

